

MASSAGE

HEALTH

Swedish Massage

The classic

An ongoing one-sided loading and inappropriate and excessive stress on the body can cause painful muscle tightness. This is where the classic medical massage with targeted attacks, stroking, kneading, rubbing and patting on to these tensions to solve. The muscles warmed and relaxed, the blood circulation is stimulated, there will be an increased removal of metabolic waste products and waste products, it acts strength and refreshment improves the quality of sleep. This breaks the pain-voltage spiral and there is a soothing relaxation. In addition to these local effects classical healing massage also triggers a positive general effect on the whole organism and a vegetative harmonization.

Name	Duration	Price
	Min	Eur
Massage with healing cream	25	5.500,--
Refreshing massage with aromatic oil	25	6.000,--
Swedish back and head massage	25	6.500,--
Swedish full body massage with head massage	45	11.500,--
Swedish full body massage with footreflex massage	55	12.000,--

BEAUTY Oil massage - Relaxation from head to foot

Our oil massage for the whole body combines the techniques of classic Thai massage with the effect of the warm aromatic herbal oils. The skin is due to the heat receptive and wonderfully supple. We use high-quality natural oils that are well tolerated. Depending on the choice of oil, the massage is more calming or vitalising.

How the classic Thai massage, relates the oil massage of all body sites in a fixed sequence. The yoga and stretching elements omitted, however, since the use of oil it is unstable between massaging and massed.

Check the actually prices and promotions on the reception desk!

Aroma massage with oil

LEMON (Skin)	50	11.000,--
Orange-Cinnamon	50	11.000,--
Foot massage with oil	25	5.500,--

