

Therapy pricelist



TREATMENTS REQUIRING MEDICAL EXAMINATION

| Medical wellness services | | |
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| Health condition check (includes 1 follow-up visit) Our institution's rheumatologist develops a treatment plan based on your test results. | | 10 600 HUF |
| Follow-up visit and prescription | | 5 600 HUF |
| Pool bath (in the Hotel) with wellness usage (sauna, infrasauna, whirlpool) | 3 hours | 3 200 HUF |
| Underwater-stretching The first session is performed without using any weight, then the traction load is increased gradually up to the recommended value. | 20 min. | 7 500 HUF |
| Mud therapy Mud is applied on the body regions recommended by the phycician using mud at the specified temperature. | | |
| More than 6 joints | 20 min. | 12 200 HUF |
| • Maximum 6 joints | 20 min. | 7 500 HUF |
| Electrotherapy | | 5 500 HUF |
| Four-section galvanic bath | | 5 700 HUF |
| Ultrasound | | 6 600 HUF |
| HIVAMAT- deep oscillation therapy | | 7 500 HUF |
| Whirlpool bath (arms or legs) | | 4 900 HUF |
| Pack (sulphur, ritex, humino, PCP) (max. 4 joints) | | 6 900 HUF |
| Physiotherapy treatment 25 min. | | 9 400 HUF |
| Therapeutic massage | 20 min. | 6 300 HUF |
| (for patients with treatment card) | 40 min. | 9 400 HUF |

| Medical wellness packages | | |
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| Packages do not include the fee for medical examination, it must be paid separately. | | |
| Mud pack pass (applied to more than 6 joints) | 5 x 20 min. | 55 200 HUF |
| Underwater-stretching pass | 5 x 20 min. | 33 600 HUF |
| | 10 x 20 min. | 68 400 HUF |

| Treatments with special therapy devices | | |
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| Shockwave therapy (medical) | | |
| Shockwave therapy (medical) 5 sessions | | |
| Bemer magnetic therapy | 5 800 HUF | |

WELLNESS TREATMENTS NOT REQUIRING MEDICAL EXAMINATION

| Movement therapy services | | |
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| Cold compression therapy | | 7 000 HUF |
| Wave massage therapy | | 7 000 HUF |
| Inversion table with therapist consultation Special spine-stretching medical device, which makes it possible to treat and improve several degenerative spine diseases. | 20 min. | 7 200 HUF |
| Spineliner health assessment + treatment | 25 min. | 11 400 HUF |
| Dorn therapy | 50 min. | 12 700 HUF |

| Alternative services | | |
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| Soundtherapy This therapy uses sound as a therapy that affects the whole blood vessel system of the body. The treatment is performed via low frequency sound waves, which provide a vibrating effect. | | |
| 1st session of soundtherapy | 20 min. | 10 600 HUF |
| 5+1 sessions of soundtherapy | 6 x 20 min. | 53 400 HUF |
| 10+2 sessions of soundtherapy | 12 x 20 min. | 106 800 HUF |

| Mud treatments | | |
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| Therapy for the back using mud and herbal body wrap The therapist uses medicinal mud cream for the massage of the back, after which it is covered with a hot towel soaked in herbal concoction. After 20 minutes the mud is washed off of the back and medicinal cream is applied. | 40 min. | 9 100 HUF |
| Wellness mud wrapping During the procedure the whole body (except the soles, genitals, neck and head) is smeared with a thin layer of Hévíz Medicinal Mud, after which the body is wrapped in a plastic foil pack and blankets. As a result, the metabolism of the skin improves and detoxification begins through the skin. | 20 min. | 11 400 HUF |
| Wellness mud treatment - with patient consent form (max. 4 joints) | 20 min. | 7 200 HUF |
| Wellness mud treatment pass - with patient consent form (max. 4 joints) | 5 x 20 min. | 32 400 HUF |

| Massage treatments | | |
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| Hévíz mud massage During the massage the various agents of the Hévíz Medicinal Mud make the skin soft and smooth; they detoxify and relax the body. | 20 min. | 10 300 HUF |
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Everybody is different with varous body aches and pains. Therefore, the massage therapies should be personalized for your own needs. Our massage therapists provide a variety of techniques to help improve relaxation and relieve stress. They apply appropriate massage force on your muschles and skin in order to achieve the best results for your body. You may choose from medical cream or oil for

| the | massage. |
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| the massage. | | |
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| Segmental massage: on the back and arms or on the legs and hips | 20 min. | 6 300 HUF |
| Full body massage: on the back, arms, legs and hips | 40 min. | 10 400 HUF |
| Individual massacra | 5 x 20 min. | 28 800 HUF |
| Individal massage pass | 5 x 40 min. | 46 800 HUF |
| Manager massage (deep tissue massage) Stress and working in front of a computer puts enormous strain on the muscles of your neck, shoulders and back. The aim of deep tissue massage is to relax your stressed and tense muscles. The slow and deep massage techniques help your body to get rid of agents causing inflammation. | 20 min. | 9 000 HUF |
| Condition-specific massage therapy Special massage therapies available upon physician's recommendatin or patient's own responsibility, in case of the following conditions: | 40 min. | 11 100 HUF |

| Package offers | |
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| Spa regenerative package Includes: medical examination, 5 therapeutic treatments (max. 2 types of therapies) | 47 500 HUF |
| Spa recreation package Includes: medical examination, 10 therapeutic treatments (max. 3 types of therapies) | 84 000 HUF |
| Nymphaea recreation package (for 1 week) Includes: medical examination, 10 therapeutic treatments (max. 3 types of therapies), 10-hour Thermal Lake pass + 2 hour free bathing time | 97 600 HUF |
| Nymphaea Reaktivations-Paket (für 2 Wochen) Includes: medical examination, 20 therapeutic treatments (max. 6 types of therapies), 20 hours Thermal Lake pass + 4 hour free bathing time | 181 600 HUF |

arthritic hip joint, total hip arthroplasty, Bechterew's disease.

| Adrienne Feller Cosmetics | | |
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| Aromazen facial massage Facial massage with Aromazen phyto essence and cream for the soothing and relaxing facial treatment. | 30 min. | 9 700 HUF |
| Rose de Luxe mandala facial massage Due to the special massage technique, during which rose quartz and rock crystal wands are also applied, guests may experience deep relaxation. Thus, skin regenerating hormones (oxytocin, endorphin) can be released that make the skin rejuvenated, and becomes healthy. The lifting effect is provided by the aroma of the Damascus rose oil. | 40 min. | 11 400 HUF |
| Up & Up face lifting massage Lifting effect due to the massage on the face, neck and décolleté area according to Adrienne Feller's method. This therapy tightens and firms up the skin and improves blood circulation. | 40 min. | 11 400 HUF |
| Vitalenne facial treatment For the treatment of mature skin. It contains an intense regenerating and relaxing massage that revitalizes the skin's every single cell. The rockrose and white myrtle essential oil stimulates collagen production. | 70 min. | 19 400 HUF |
| Rose de Luxe Mandala luxurious ritual The perfect flow experience with two ravishing massages and the magical power of Damask rose. It is a unique pampering, which involves gemstones in the name of sumptuousness. During the treatment we will get anti-wrinkle, cell regenerative, nourishing agents into your skin, and tranquility into your soul. | 100 min. | 22 100 HUF |
| NEW Stimulenne luxurious ritual A special relaxation treatment performed with plant extracts. As a result, your soul fills up with joy, and your skin is brought to life by the active ingredients. | 100 min. | 24 000 HUF |
| Cleanenne facial treatment Treatment for skin cleansing. The wild lavender, sage and wild rose essential oil helps to clean and hydrate the skin. It provides a special detoxifying cleansing treatment for the problematic skin and for all skin types during the rejuvenation's time in spring. | 100 min. | 24 300 HUF |
| Additional Cosmetic Treatments | | |

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| Eyelash dyeing (Orenna) | 30 min. | 3 000 HUF |
| Eyebrow dyeing (Orenna) | 20 min. | 3 000 HUF |
| Eyebrow shaping using tweezers | 15 min. | 2 400 HUF |
| Eyelash dyeing + Eyebrow dyeing + Eyebrow shaping using tweezers (3 in 1) (Orenna) | 40 min. | 7 800 HUF |
| Waxing | | |
| Moustache | 10 min. | 1 800 HUF |
| • Cheeks | 20 min. | 2 400 HUF |
| • Armpits | 20 min. | 2 600 HUF |
| • Arms | 20 min. | 3 400 HUF |
| · Legs (to the knee) | 20 min. | 3 800 HUF |
| Bikini wax | 30 min. | 4 200 HUF |
| • Full leg waxing | 50 min. | 7 000 HUF |

| Fuss Therapie | | |
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| Pedicure It includes classic pedicure, antibacterial foot soak, nail trimming and shaping, corn removal, creaming. | 50 min. | 6 300 HUF |