

Sauna Program

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:00	Citrus (lemon)	Citrus (orange)	Lapland berries	Citrus (grapefruit)	Citrus (blend)	Citrus (blood orange)	Lapland berries
9:30	Woody (Swiss pine)	Woody (Virginia cedar)	Birch	Forest (mountain pine)	Eucalyptus	Floral (ylang-ylang)	Birch
10:00	Steam bath Lemon peeling	Steam bath Lavender peeling	Steam bath Green tea peeling	Steam bath Orange blossom peeling	Steam bath Lemon peeling	Steam bath Lavender peeling	Steam bath Rose peeling
10:30	Citrus (lemon)	Citrus (orange)	Lapland berries	Citrus (grapefruit)	Eucalyptus	Floral (ylang-ylang)	Birch
11:00	Woody (Swiss pine)	Woody (Virginia cedar)	Birch	Forest (mountain pine)	Citrus (blend)	Citrus (blood orange)	Lapland berries
11:30	Citrus (lemon)	Citrus (orange)	Lapland berries	Citrus (grapefruit)	Eucalyptus	Floral (ylang-ylang)	Birch
12:00	Woody (Swiss pine)	Woody (Virginia cedar)	Birch	Forest (mountain pine)	Citrus (blend)	Citrus (blood orange)	Lapland berries
12:30	Citrus (lemon)	Citrus (orange)	Lapland berries	Citrus (grapefruit)	Citrusos (citrus keverék)	Citrusos (vérnarancs)	Lappföldi bogycs
13:00	Music sauna program in the Finnish sauna	Music sauna program in the Finnish sauna	Music sauna program in the Finnish sauna	Music sauna program in the Finnish sauna	Music sauna program in the Finnish sauna	Music sauna program in the Finnish sauna	Music sauna program in the Finnish sauna
13:30	Woody (Swiss pine)	Woody (Virginia cedar)	Birch	Forest (mountain pine)	Eucalyptus	Floral (ylang-ylang)	Birch
14:00	Citrus (lemon)	Citrus (orange)	Lapland berries	Citrus (grapefruit)	Citrus (blend)	Citrus (blood orange)	Lapland berries
14:30	Woody (Swiss pine)	Woody (Virginia cedar)	Birch	Forest (mountain pine)	Eucalyptus	Floral (ylang-ylang)	Birch
15:00	Refreshing Dead Sea salt peeling with lemon and aloe vera in the Finnish sauna 2,500 HUF/person	Relaxing Dead Sea salt peeling with lavender and aloe vera in the Finnish sauna 2,500 HUF/person	Lemon balm Dead Sea salt peeling for sleep issues & depression with aloe vera in the Finnish sauna 2,500 HUF/person	Soothing Dead Sea salt peeling with orange blossom with aloe vera in the Finnish sauna 2,500 HUF/person	Dead Sea salt peeling with aloe vera in the Finnish sauna 3,500 HUF/person	Dead Sea salt peeling with aloe vera in the Finnish sauna 3,500 HUF/person	Romantic rose Dead Sea salt peeling with aloe vera in the Finnish sauna 2,500 HUF/person
15:30	Citrus (lemon)	Citrus (orange)	Lapland berries	Citrus (grapefruit)	Citrus (blend)	Citrus (blood orange)	Lapland berries
16:00	Sauna ceremony with music in the Finnish sauna	Sauna ceremony with music in the Finnish sauna	Sauna ceremony with music in the Finnish sauna	Sauna ceremony with music in the Finnish sauna	Sauna ceremony with music in the Finnish sauna	Sauna ceremony with music in the Finnish sauna	Sauna ceremony with music in the Finnish sauna
16:30	Woody (Swiss pine)	Woody (Virginia cedar)	Birch	Forest (mountain pine)	Eucalyptus	Floral (ylang-ylang)	Birch
17:00	Firming, circulation-boosting moisturizing program with almond, grape seed & flaxseed oil, and aloe vera in the Finnish sauna 2,500 HUF/person	Soothing lavender moisturizing program with oils & aloe vera in the Finnish sauna 2,500 HUF/person	Calming, disinfecting lemon balm program with oils & aloe vera in the Finnish sauna 2,500 HUF/person	Regenerating, rejuvenating orange blossom program with oils & aloe vera in the Finnish sauna 2,500 HUF/person	Lotus awakening – rebirth program with strawberries & champagne in the Finnish sauna 3,500 HUF/person	Lotus awakening – rebirth program with strawberries & champagne in the Finnish sauna 3,500 HUF/person	Elegant rose moisturizing & stress-relieving program with oils & aloe vera in the Finnish sauna 2,500 HUF/person
18:00	Citrus (lemon)	Citrus (orange)	Lapland berries	Citrus (grapefruit)	Citrus (blend)	Citrus (blood orange)	Lapland berries
18:30	Woody (Swiss pine)	Woody (Virginia cedar)	Birch	Forest (mountain pine)	Eucalyptus	Floral (ylang-ylang)	Birch
19:00	Citrus (lemon)	Citrus (orange)	Lapland berries	Citrus (grapefruit)	Citrus (blend)	Citrus (blood orange)	Lapland berries