



KAROS SPA



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Yasmine Beauty & Medical Spa

YASMINE BEAUTY & MEDICAL SPA

Let's explore the world together, and visit the realm of the senses!

In our beauty department, we try to fly you all over the world to nooks and crannies, to exotic places. We'll show you how Cleopatra carried out her beauty care routine and what the ancient Mayas knew or what bamboo was used for in the far east. We'll also reveal what Japanese women do with their hands, or what makes Russian ladies' eyebrows beautiful. Do you know where coffee and chocolate come from and their effect on the skin? Have you ever been to smoky Mexico? We may as well take you on an imaginary trip to Cincinnati. How about we would just go not farther than Tihany, or would you rather indulge the French elegance? Would you like to pamper yourself with the treasure of mountain streams, the power of the mountain crystal? Would you fancy experiencing the Dead Sea's benevolent effects and want to learn whether garra rufa (doctor fish) lives there? Would you enjoy discovering the secret of the lava stone from the Native American tribes? As a bonus, you may even explore the future!

You can try cutting-edge electrocosmetic devices, that have been developed in Singapore and the USA to enable us to provide top quality beauty care services. You needn't travel far. Just be our guest. Here you'll surely find what you're looking for! You will find the whole world in our beauty and medical spa!





WELLNESS DEDICATED TO KIDS

Children's manicure 20' + varnishing	3 500 HUF 500 HUF
Gentle facial massage 15' Magic massage	4 500 HUF
(with the parents present, between the ages of 5-12) 20'	5 500 HUF
Group "elf" gymnastics (with parents present, between the ages of 4-12) under the control of a physiotherapist, for 2-5 people, 25'	2 500 HUF/Person
Bio Tini chill treatment (between the ages of 10-18) 25'	6 500 HUF

SPECIAL OFFER FOR ADULTS

Fortifying package: 5 treatments	29 900 HUF
Oxygen therapy with some vitamin cocktail 20'	
Therapeutic exercises for breath relief 15'	
Revitalizing therapeutic massage 25'	
Saline inhalation 12'	
Hydrox whirlpool 20'	
Herbal tea	

This package is recommended to boost well-being following any illnesses as well as to alleviate any post-therapeutic symptoms. Should you be a member of a health insurance fund, the membership card may pay the expenses of certain treatments and other related services.

Body sculpturing package offers 90' (includes 4 types of treatment)	25 900 HUF
1x Ultrasonic cavitation (local fat reduction) treatment 20'	
1x Radiofrequency treatment, body treatment 10' (for tighter and smoother skin)	
1x Mechanical lymphatic drainage 25' (detoxification)	
1x Foil body wrap with gel active ingredient (cellulite reduction)	
Result: every occasion 1 to 3 cm thinner in girth, with tighter and smoother skin surface. We recommend taking advantage of it on minimum 3 occasions to achieve the ideal effect.	

MEDICINE

Medical examination	10 500 HUF
Medical consultation based on prior medical findings	6 500 HUF
Medical checkup examination	6 500 HUF
Injection (muscular)	3 000 HUF
Injection (special)	3 500 HUF

MEDICAL TREATMENTS

Mud pack on 2-3 joints	9 900 HUF
On an extensive surface of the body	11 900 HUF
Special packs and wraps (Flour, Ritex, Antiphlogistic pack) on 2-3 joints	9 000 HUF
On an extensive surface of the body	11 000 HUF
Hydroxeur	6 900 HUF
Carbonated bath	6 000 HUF
Electric bathtub	7 500 HUF
Underwater jet massage	9 500 HUF
Four-compartment galvanic bath	6 500 HUF
Weight bath (special Hévíz treatment)	9 000 HUF
Therapeutic gymnastics - individual 20'	9 000 HUF
Interference	6 900 HUF
TENS	6 900 HUF





Ultrasound therapy	9 500 HUF
Iontophoresis	6 000 HUF
Inhalation (with salt)	6 500 HUF
Oxygen therapy	7 500 HUF
Magnet therapy	7 000 HUF

Therapeutic massage 15'	6 500 HUF
Therapeutic massage 25'	9 500 HUF
Therapeutic massage 40'	13 900 HUF
Therapeutic full body massage including sole massage 60'	18 900 HUF
Therapeutic back massage including sole massage 40'	12 900 HUF
Therapeutic full body massage including head massage 60'	18 500 HUF
Therapeutic back massage including head massage 40'	12 900 HUF

Mechanical lymphatic drainage massage 25'	7 900 HUF
Mechanical lymphatic drainage massage 50'	13 000 HUF
Electrical abdominal muscle development treatment (3 sessions)	18 000 HUF
Mechanical body shaping treatment 30'	9 000 HUF
Mechanical body shaping treatment 60'	14 000 HUF

SPECIAL MASSAGES, WELLNESS BODY TREATMENT

Cuban magic peeling 15'

5 500 HUF

Peeling and scrubbing body parts with brown cane sugar. This treatment is recommended to be taken before a massage.

Cuban magic peeling 30'

7 500 HUF

Whole body peeling and scrubbing with brown cane sugar. This treatment is recommended to be taken recommended before a massage, sauna or aroma bath.

Stress-relieving neck, shoulder, and back massage 25'

9 500 HUF

In the course of this initially relaxing massage, strokes gradually become increasingly more intense to make the painful spasms and lumps in the neck, shoulders and back muscles relaxed and improve blood supply to the brain and eventually achieve ultimate pain relief.

Refreshing massage 25'

9 500 HUF

This is a service to restore general well-being through refreshing and conditioning effects.

Refreshing sole massage 25'

9 500 HUF

The reflex effect of the numerous nerve endings zonally arranged on the sole is leveraged to stimulate individual organs or body parts. The circulation of the entire body is bettered to improve its functioning. The foot, the toes and ankle joints become more mobile and the heavy legs will be relieved.

Tihany lavender massage 25'

9 500 HUF

The massage evokes the overwhelming scent of the lavender fields in Tihany. Following a long and tiresome stressful day, there is nothing better than a pleasantly relaxing lavender-scented massage, which will not merely relax you but will also make you feel invigorated.





Cincinnati energizing head massage 25'

8 500 HUF

If you wish to break away from your usual, fast-paced life and long for tranquility, a pleasant relaxing head massage will be a great choice. We recommend it for alleviating headache emanating from the muscles or other headaches. It is also suitable for relieving stress, nervousness, tension, downheartedness, or even mild depression. In addition, it stimulates blood circulation in the capillaries of the hairy scalp.

Prenatal massage (face, neckline and arms) 30'

9 000 HUF

Who else would deserve more pampering and relaxation than expectant mothers? What's good for the mom is good for her baby too! You are warmly welcome to our smoothing and pampering massage!

Lava stone secret of Indian tribes 60'

18 500 HUF

Lava stone secret of Indian tribes with face massage added

24 000 HUF

This message is from the islands of the Pacific Ocean and the volcanic areas of America, but according to some sources lava stones have been used for healing in India, Polynesia, and China moreover the shamans of the ancient Hungarians also used them when curing. We massage the oil over the entire body, and then the lava stones heated to 40°C to 50°C are placed onto the skin over the energy points, chakras, or spasmodic muscles and are left on the skin for a set time. The treatment can be carried out in nearly endless ways within the limits of the masseuse's imagination and experience. We recommend it for persons living in a stressful way or even for those with depression and gloom for this treatment will have a remedial effect on them and it can also drive away fatigue.

New York City Manager Massage 50'

16 900 HUF

A marvellous anti-stress treatment from head to toe! Overwork, deadlines, performance expectations and conflicts often cause stress in the daily grind. Such negative impulses are stored in your body for a long time. Stress can cause strains in the muscles, bones, and even in the connective tissues and joints. This special treatment has been developed relying on practical experience reaching far back in time and it will have its benevolent effects on the individual both at physical and energetic levels to relieve stress in a customized manner.

Soul-warming oil massage 50'**15 900 HUF**

In this accelerated life and hectic performance-oriented world, you have an innate desire for slowing down a little for a while and just pay attention to yourself for at least one or two hours. Warm oil containing therapeutic essences of herbs is massaged into the skin to soothe, calm, relax and last but not least provide a pleasant tranquillizing experience. It has a benevolent effect on muscle spasms and rheumatic pains and it contributes to energy harmonization in the body. This pampering oily massage is especially recommended if you are extremely exhausted physically or mentally.

Relaxing massage with aroma oil 50'**15 900 HUF**

We recommend this massage to those who fancy select pleasures and self-indulgence and also desire some soothing pampering. The relaxing massage is a softer type of massage that calms and recharges the whole body with energy.

Indonesian bamboo massage 50'**16 500 HUF**

Bamboo massage is an exclusive massage from the Far East. During this special and unique massage we work with bamboo sticks of different lengths and apply massage techniques composed of soft and caressing strokes to intense kneading. This message has both psychological and physiological effects. It calms the mind and relaxes the body, enhances positive, pleasant feelings. It relieves stress, enhances blood circulation and stimulates lymphatic flow and it also has a pain alleviating effect. The massage facilitates waste removal thus it eliminates cellulite.

Chocolate massage 50'**17 500 HUF**

One of mankind's most delicious delicacies is the cocoa bean, the fruit of a tropical tree. It is native to the secret land of the Mayans and Aztecs. In addition to having been considered a heavenly food since the Mayan era, it has proven to be beneficial both inside and outside the body. The chocolate massage is excellent for perfect relaxation, and it also beautifies skin, and nourishes and stimulates endorphin production, thereby making you feel happier.





Chocolate body treatment 60'

20 500 HUF

The chocolate treatment combined with a massage awakens the senses by pampering the body and the soul. your skin will become velvety, tight and flexible. This is a vivid treatment offering a special, exclusive, calming relaxation with peeling, massage and wrapping.

Chocolate facial and body treatment

23 500 HUF

We complement our chocolate body treatment with a face treatment, composed of cleansing facial milk, exfoliation, peeling, face massage and chocolate face pack. The atmosphere of this treatment guarantees perfect relaxation and recharging for everyone.

Cleopatra massage, a skin beautifying body treatment 60'

21 500 HUF

The massage of the queens will take you to Egypt to give you a hint about Cleopatra's famous beauty care routine. This treatment indulges both the body and the soul. Honey contains vitamins and minerals (approx. 11 different vitamins, 33 minerals, 19 amino acids and enzymes) that make the skin velvety. The honey is also known for its anti-wrinkle effect. It hydrates the skin and intensifies blood circulation, improves the metabolism in the skin, and thus helps, fast and effective exclusion and extraction of toxins from the skin. The course of treatment: peeling, using a mixture of sea salt and yoghurt, exfoliation of the skin, followed by a massage consisting of relaxing, smoothing strokes, massaging the skin with a mixture of honey and aromatic and therapeutic essential oils.

Dead Sea Salt Peeling

- massaging aromatic oil 60

19 900 HUF

Fed by the Jordan River, the Dead Sea is on the border of Israel and Jordan. Medieval documents referred to it as the Devil's Lake. The Dead Sea has a very high concentration of sea salt and minerals in its water. During the treatment, the precious salt as well as the aromatic and therapeutic massage oil ensures thorough detoxification of the body. The massage stimulates blood circulation and cleans the deeper layers of the skin while refreshing and soothing your body and soul. The skin breathes, and it will become flexible, soft and velvety.

Cosmetic body treatment with wellness mud 30' **10 500 HUF**

This treatment was applied in the bygone past when the skin was healed with herbs, thermal water and sea sediments. Black mud is a homogeneous, soft and odourless mass, extremely rich in organic and inorganic substances. It contains a large amount of natural antioxidants, vitamins, minerals and trace elements. It detoxifies, cleans and relaxes, restores the skin's natural freshness and purities while filling it with energy. As a result, the skin will become soft, velvety, fresh and youthful, while inflammatory processes will decrease and the visible signs of ageing will diminish. Excellent for the face, neck, and neckline to remove wrinkles, to tighten the skin of the body and it also diminishes cellulite efficiently. The all-natural cold (not heated) cosmetic mud pack is applied in a thin layer over the skin and after drying it is rubbed off as a peeling, then showering will close the treatment. Recommended for all skin types.

Skin tightening treatment with the power of green coffee 60' **20 900 HUF**

Treatment: peeling, massage, caffeine wrap, foil wrapping. Everyone knows caffeine, at least from coffee. The truth is that it is not only used in that form. Its benevolent effects on the skin were already known in ancient Ethiopia. Caffeine invigorates our skin as well as our alertness. The dermal treatment with preparations containing caffeine removes cellulite and makes the skin smooth. Caffeine stimulates the circulation of the blood and owing to its diuretic effect, the unused - fat, waste matter - quickly leaves the skin and it will be young again. For sensitive parts of the body (thighs, buttocks, hips, abdomen) it is recommended, although for expectant mothers it is absolutely contra-indicated though.

Mediterranean whirlpool 15' **6 500 HUF**

Pampering bubble bath to improve your well-being

Bubble bath for men with beer 15' **6 500 HUF**

Malt, hops and yeast have an excellent effect on the skin. It has a natural tension-relieving effect.





OTHER TREATMENTS

Ear candle treatment 20'

8 000 HUF

The candle is a 20 cm long, hollow rod made of wax-soaked linen. The beeswax melts evenly, without dripping and it's not flowing. It burns for about 10 to 15 minutes. When burning heat is generated, which creates a vacuum in the rod. The vacuum "extracts" the waste material from the ear, which is deposited inside the candle.

Standing solarium (3 minutes)

800 HUF



COSMETIC FACIAL TREATMENTS

Express relaxing facial treatment 40'

13 900 HUF

When it comes to skincare, you always dream of soft, smooth, tight skin. Our express facial treatment will quickly turn your skin fresh and velvety touch. Process: cleansing with face milk, peeling, toning, active ingredient intake with ultrasound, facial massage, and finishing cream. When is it recommended? When you wish to refresh your fatigue pale skin, when you wish to have fresh, blooming, lively skin, or if you are tired and would simply like to relax for a short while.

Face massage with precious stones, healing crystal and rose quartz 30'

10 500 HUF

Healing crystal stones are the wild joker, they are vitalizing, and in addition, they have an extremely good effect on the skin. It has a balancing role. Rose Quartz, is the defender, and protective crystal that exerts its effect at both spiritual and physical levels. It helps relieve stress. The holistic face massage is pleasant and gentle, but the firm massage strokes are mixed with the elements of crystal therapy. During the massage, the aim is to restore the water content of the facial skin primarily as well as to speed up metabolic processes and tone the muscles. Owing to the treatment, your skin will be refreshed, velvety, and vivid. We recommend it if someone is charmed by minerals and precious stones and likes their vibration and is open to novelties.

Classic mini treatment 40'

13 900 HUF

Cleansing with face milk, peeling, toning, serum and active agent suitable for the actual skin type and facial and neckline massage, as well as a beautifying pack.

Classic big treatment 90'

19 900 HUF

Cleansing with facial milk, peeling, toning, deep cleansing, face and neckline massage, toning and nourishing pack, finishing with a skin-nourishing cream.





**Delux Anti-Aging facial treatment
both for ladies and gentlemen 60'**

21 900 HUF

This Delux skin smoothing treatment will take you to the elegant world of French beauty salons. The regenerating, cell-stimulating, rejuvenating face treatment with minerals, replenishes the deeper layers of the skin with vitamins. Owing to its revitalizing effect it will make the skin firmer, smoother and more resilient. Treatment process: cleaning with face milk, peeling, toning, serum and intake of the active ingredient suitable for the skin type facial and neckline massage, and beautifying pack.

Golden orchid treatment (anti-ageing) 75'

25 900 HUF

Our treatment is carried out with professional bio-cosmetic products. Several elements of the treatment contain a special Japanese orchid extract that is similar to "stem cell", to make facial skin younger through its lifting effect: it increases the tightness of the eyelids and reduces the deepness of wrinkles around the eyes, improving the tone and brightness of the facial skin. There are countless organic ingredients combined in the treatment: shea butter, argan oil, moringa, plum and melon seed oil, and alpine skullcap - just to mention the most special ones. We primarily recommend this elegant, floral treatment to those over 30. The treatment also includes a special lifting massage. Process: cleansing, peeling, toning, face serum, eye care, massage, wrap, finishing face care.

Cosmetics of the future Cannabis 7 facial treatment 50'

24 000 HUF

Vegan product, gluten-free! Complies with the ISO 16128 standard, which is the standard for natural and organic cosmetics products. Have you ever been to Smoky Mexico? We will take you there! We can feel in heaven from the cannabidiol or hemp- seed oil preparations. This treatment using Cannabis oil has multiple effects: it reconstructs the facial skin with its rich texture. It provides extra hydration and excellent nourishment, ensuring a sense of comfort for the skin. It has 7 outstanding positive effects: Nourishes, hydrates, soothes, protects, regenerates and smoothes the skin on the face, and it also provides a sense of comfort.

OTHER SUPPLEMENTARY COSMETIC TREATMENTS

Eyelash dying	3 500 HUF
Eyebrow dying	3 500 HUF
Eyebrow picking	2 500 HUF

WAXING

Face	2 900 HUF
Legs up to knees	4 500 HUF
Legs all along	6 000 HUF
Bikini line	4 500 HUF
Armpits	3 500 HUF
Arms	3 500 HUF
Back + chest waxing 20'	6 500 HUF
Sugar paste surcharge	+40%





ELECTROCOSMETICS

Diamond Hifu (powerful skin rejuvenation)

from 40' to 120'

90 000 HUF - 290 000 HUF

Non-surgical Anti-Aging treatment with plastic effect for those over 30!
Who do we recommend it?

1. For those who want to reduce their wrinkles and lift their lines (eyebrows, eyelids, nasolabial folds, cheeks).
2. For those who want to remove their wrinkles, redo and emphasize their facial contours.
3. Over the age of 35 to prevent sagging skin
HIFU treatment is the best solution.
4. Over the age of 45 to restore sagging skin HIFU is an ideal choice.

HIFU is the only facial rejuvenation technique that does not require surgical intervention and it can penetrate the deepest layers of our skin, and strengthen the entire supporting structure of the face. During the HIFU treatment using micro-focused ultrasound into the appropriate depths of the skin we try to deliver heat, exactly where it is most needed. As an effect on the skin collagen and elastin production increases, and your skin starts to regenerate itself. The treatment makes the skin tight, plump and glowing, and it provides a comprehensive lifting effect. One session is enough to achieve the desired result. Its effect is long-lasting and spectacular for years.

Ultrasonic cavitation (fat breaking) 20'

10 500 HUF

Cavitation fat reduction is one of the most popular shaping methods lately. What purpose can ultrasonic cavitation be used for? Local fat breakdown, diminishing cellulite, body shaping, slimming and tightening. The cavitation treatment breaks down fat cells and reduces the number of fat cells to exert its effect permanently. The fat breakdown is efficient through demolishing fat cells without damaging the surrounding tissues, blood vessels and nerves. The treatment is primarily recommended to those who struggle with eliminating excess fat deposits in certain body parts, for the fat resists slimming diets or exercises, or who can't fit in exercises into their regular weekly routine.

Lipolaser (Fat Breakdown) 30'**10 500 HUF**

The lipo laser is 100% non-invasive, laser-based fat-breaking and shaping system. It destroys deep fat cells with a 650 nm laser and tears the cell membrane, and turns the fat into triglycerides, which leave the body by excretion. The laser heat stimulates collagen in the subcutaneous tissues and hyperplasia of elastic fibres, and makes the treated skin surface more flexible and firm. Fat breakdown is safe and effective, which provides help in problem areas: hips, abdomen, back, buttocks on thighs, and arms.

Radiofrequency treatment (skin tightening)**Facial treatment 20'****10 500 HUF****Body treatment 10'****5 000 HUF**

Collagen is responsible for the support and elasticity of the skin. As time progresses with age, the activity of fibroblasts decreases and the amount of collagen fibres reduces, so our skin gradually loses its elasticity and firmness, wrinkles appear, our face "sags". The radio frequency heats fibroblast cells so contributing to the production of collagen and the subsequent reshaping of the tissue, which results in tighter and more flexible skin full of life.

Machine lymphatic massage 20'**7 200 HUF****(local shaping, cellulite reduction) 40'****11 500 HUF**

Pressure therapy is a mechanical lymphatic massage. It activates blood circulation (both venous and lymphatic circulation) and stimulates absorption in tissues and drainage of fluids to the direction of the body's filters, thus it also helps to remove toxins. Useful for preventing varicose veins by improving weak peripheral circulation. Pressure therapy perfectly complements all shaping treatments, especially ultrasound after cavitation and cold laser lipolysis, and it plays a role in emptying fat. It increases the effectiveness of treatments and has a good effect on the whole body. To achieve the desired result it is recommended to be done at least 3 times.

Electrical abdominal muscle development treatment (3 sessions)**18 000 HUF****Abdominal muscle strengthening with electrical impulse current 15'****6 500 HUF**

We recommend at least 3 sessions!





MANICURE - PEDICURE - NAIL WORK

Manicure 30'	5 300 HUF
Japanese manicure 40'	6 500 HUF
Manicure and gel polish	8 500 HUF
Pedicure - aesthetic 50'	7 500 HUF
Pedicure - medicinal 60'	8 000 HUF
Pedicure and gel polish	9 000 HUF
Varnishing 15'	1 800 HUF
French varnish 20'	2 000 HUF
Ornament, Strass / piece	50 HUF
Revitalizing paraffin hand care 60' (Manicure + Paraffin hand care)	8 000 HUF
Revitalizing paraffin foot care 80' (Pedicure + Paraffin foot care)	9 000 HUF
Coconut hand care 50' (Manicure, exfoliation, hand massage with exotic coconut cream.)	7 500 HUF
Coconut foot care 70' (Pedicure, exfoliation, foot massage with exotic coconut cream.)	8 500 HUF



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