

Dear Guest!

Please wear a change of shoes and towels in the gym.

Please use the gym equipment at your own risk, so please take your fitness level into account.

Please refrain from using the following in the gym area:

- ❖ Smoking, drinking alcohol; drinking by the glass;
- ❖ consumption or abuse of drugs, illicit drugs, narcotics,
- ❖ disturbing others during exercise; loss of concentration may result in an accident

Do not bring food into the room and do not take equipment out of the room.

Please put the dumbbells and pulleys back in their place after use. Do not place weights and discs on the bench or throw them.

Please protect the integrity of the equipment in the room and any damage caused will be charged to your account.

To avoid accidents, please check the condition of the machines and equipment before each use, and if you notice any anomalies or technical faults, please report them immediately to the Wellness Reception.

Please, only use the gym in perfect health condition.

Guests are requested to disinfect the machines and equipment after use.

Persons under the age of 15 are not allowed in the gym!

Thank you for your cooperation!

