Salt Room

GENERAL TERMS OF USE

The purpose of the salt room is to provide our guests with a calm, restorative, and health-supporting environment. Please help us ensure a pleasant, safe, and effective relaxation by following the rules!

Conditions of Use

- The salt room is available free of charge for hotel guests. External visitors can use the service for a fee; please inquire about current prices at the reception.
- The room is suitable for all age groups; however, children under 12 years of age may only enter under adult supervision.
- The salt room is not a substitute for medical treatment; use is at each guest's own responsibility.
- The salt room is open 24 hours a day, but please respect other guests' need for rest.

Behavior

- Please avoid loud conversations and phone calls in the room to maintain a calm and relaxing atmosphere.
- If you notice or experience any problems, please report them immediately to the hotel staff.

Cleanliness and Hygiene

- Bringing food or drinks into the salt room is prohibited.
- Please wash your hands before and after using the salt room.
- Please keep the area clean and use the furnishings appropriately.

Usage Recommendations and Health Considerations

- Recommended duration of stay: 30–40 minutes daily.
- Use of the salt room is not recommended in the following cases:
- Untreated high blood pressure
- Heart failure or respiratory failure
- Fever or infectious diseases
- Active lung disease, tuberculosis
- Severe claustrophobia
- Children under 1 year of age

Liability and Safety

- We are not responsible for personal belongings left in the salt room.
- Any damage caused by improper use will be financially liable by the responsible person or their legal guardian.
- The hotel is not liable for accidents resulting from failure to comply with these rules.

We wish all our guests a pleasant relaxation and a refreshing stay!

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