



HOTEL EURÓPA FIT

★★★★ superior Hévíz



VITALIUM
HEALTH AND BEAUTY

Massage-wellness pricelist

Massages

Relax Massage (25') 11 900 HUF
(50') 19 900 HUF

A slow, soothing massage using relaxing oil, gentle strokes and deeper gliding techniques with mild pressure to release muscle tension. It calms the nervous system and stimulates blood circulation.

Sport Massage (25') 11 900 HUF

This massage has an invigorating effect on tissues and muscles. It stimulates circulation, supports skin regeneration and relieves muscle tension. Recommended for athletic individuals, tight muscles, as a warm-up before training and for relaxation afterwards.

Manager Massage (25') 11 900 HUF

Designed to relieve muscle tension and pain in the shoulders, back and neck caused by office work. It reduces fatigue and the negative effects of prolonged sitting and poor posture. Recommended for those engaged in office work or mentally or physically demanding, high-stress jobs.

Refreshing, Revitalising Massage (25') 11 900 HUF
(50') 19 900 HUF

A massage using friction techniques with a loosening and energising effect on tissues and muscles. It helps restore skin and lymphatic functions. After the treatment, the skin and muscles feel firmer and overall well-being improves.

Cupping Massage (25') 14 300 HUF

This special technique is effective in eliminating muscle knots, stretching muscles and improving circulation. During the treatment, suction cups are applied to the skin to create a vacuum. The therapy relaxes the body, supports detoxification and enhances oxygen supply. The back is first treated with cupping, followed by massage.

Combined Massage (Back and Foot Reflexology) (50') 19 900 HUF

This treatment combines Swedish back massage techniques with foot reflexology, performed by our most experienced therapists. It benefits the nervous system, muscles and joints, and has a relaxing, stress-relieving effect.

Refreshing Foot Massage (25') 11 900 HUF

This massage improves metabolism and lymphatic circulation, thereby stimulating the body's self-healing processes.

Foot Reflexology Massage (45') 19 900 HUF

The sole of the foot represents a microsystem of the body. All organs and body parts correspond to reflex points on the feet. By stimulating these points, many conditions can be positively influenced. The therapist enhances blood supply to the related organs, improves metabolism and supports lymphatic circulation.

Stress-Relieving Head and Shoulder Massage (25') 11 900 HUF

A properly applied stress-relieving massage that increases blood circulation, helps reduce insomnia, improves digestion and promotes relaxation. Especially recommended for office workers suffering from neck tension and headaches.

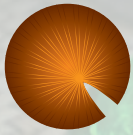
Children's Massage (20') 11 900 HUF

The aim of the treatment is relaxation and regeneration. It stimulates the entire circulatory system, reduces the causes of muscle tension and strengthens the immune system. Recommended for children between 6 and 12 years of age.

Lymphatic Drainage Massage (25') 14 300 HUF
(50') 22 900 HUF

The lymphatic system forms part of the body's immune and protective system. This gentle massage technique with light movements and vibration stimulates lymph flow. It enhances lymph circulation, supports detoxification, reduces oedema, relaxes the body and calms the autonomic nervous system.

Our prices include VAT. The rights of price changes are reserved. Stand: 01. 03. 2026



HOTEL EURÓPA FIT
★★★★ superior Hévíz



VITALIUM
HEALTH AND BEAUTY

Massage-wellness pricelist

Vitalium a'la carte

Thai Bamboo Massage (25') 14 300 HUF
(50') 23 900 HUF

The Thai Bamboo Massage provides a feeling of lightness and deep relaxation. This exclusive Far Eastern technique is performed with special herbal oils. During the treatment, bamboo sticks of various sizes and thicknesses are rolled and drawn over the body with flowing movements and varying pressure. The massage relaxes tense muscles, stimulates metabolism, relieves pain and is particularly beneficial for back and spinal discomfort. Recommended for guests with stronger musculature.

Lomi-Lomi Massage (50') 23 900 HUF

Originating from Hawaii, this massage helps release muscle knots and relieve stress while supporting mental balance. Using palms and forearms, the therapist imitates the rhythmic movement of ocean waves. While a course of treatments provides the most effective results, noticeable improvement can already be experienced after a single session.

Yumeiho – Far Eastern Alternative Massage (50') 24 500 HUF

Yumeiho is a chiropractic-based massage method rooted in Chinese and Japanese traditions. It improves overall well-being, supports the normal functioning of internal organs, enhances the flexibility of joints, muscles and the spine, and stimulates circulation. The aim of the treatment is to restore natural joint mobility.

Chocolate Oil Massage (25') 11 900 HUF
(50') 19 900 HUF

A massage using chocolate massage cream and oil. Thanks to its antioxidant properties, chocolate helps protect body cells from damage, hydrates and firms the skin, and slows the ageing process. The treatment consists of slow, gentle techniques with a calming and relaxing effect.

Lymphatic massage for head and face (25') 10 900 HUF

With the lymphatic massage of the face and the pressure of the right points on the scalp, the blood and lymph circulation of the head get better. In this way the cells, scalp and the roots of the hair get more fresh oxygen and nutrients.

Dead Sea Salt Scrub with Aromatic Oil Back Massage (25') 14 300 HUF

Die Behandlung des Rückens beginnt mit einem Peeling aus dem Gemisch des Meersalzes und nahrhafter Ölen. So wird die Haut weich und sanft gesäubert von den gestorbenen Oberhautzellen. Die Behandlung wird mit einer relaxierenden Rückenmassage beendet.

Tired Feet Massage (25') 11 900 HUF

Following a sea salt exfoliation, tired feet are refreshed with a relaxing, multi-step treatment of the soles and lower legs. Not recommended in cases of varicose veins.

Couples Massage (price for 2 persons) (20') 22 900 HUF
(50') 38 300 HUF

Two therapists perform the massage simultaneously for two guests in the same treatment room, using warm aromatic oils.

Massage Packages

5×25' Massage 56 500 HUF

5×50' Massage 94 500 HUF

Baths

Hévíz Medicinal Mud Bath (20') 10 900 HUF

A bath enriched with the active ingredients of Hévíz medicinal mud. The treatment is as effective as a traditional mud pack, providing a relaxing and soothing effect for the entire body.

Hévíz Medicinal Mud Wrap (20') 13 100 HUF

The mud wrap supports skin regeneration and is also beneficial in the treatment of bone and joint complaints. It is applied using finely ground Hévíz mud, resulting in a stronger chemical effect than a traditional mud pack.

California Bath (25') 8 900 HUF

A pulsating underwater massage with physiotherapeutic benefits delivered through 120 jets. The bath relieves tension, relaxes muscles, reduces pain and may support body contouring by stimulating fat metabolism and reducing the appearance of cellulite. The bathtub functions like a loudspeaker: the vibrations are transmitted through the water, allowing the guest to perceive the music intensely throughout the body.

Magnesium Bath (20') 10 900 HUF

Magnesium is one of the most important minerals in the human body and plays a key role in numerous physiological processes. A magnesium-rich bath may help increase the body's magnesium level.

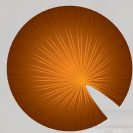
Hydroxeur-Underwater Massage (15') 8 900 HUF

A special underwater massage designed to support detoxification, relaxation and muscle relief, helping to ease muscular discomfort.

Aroma and Herbal Baths (20') 8 900 HUF

Promotes relaxation and refreshment of overall well-being. The effect is enhanced by the carefully dosed essential oils added to the bathwater.

Our prices include VAT. The rights of price changes are reserved. Stand: 01. 03. 2026



HOTEL EURÓPA FIT

★★★★ superior Hévíz



VITALIUM
HEALTH AND BEAUTY



Medical pricelist

Medical treatments

Rheumatological medical examination 25 000 HUF

(condition assessment, discussion of history, information on indications and contraindications, personalized preparation of a treatment plan and schedule)

Medical control examination 12 500 HUF

Prescription writing 4 000 HUF

Injection (performed by doctor) 10 000 HUF

Physiotherapy

During physiotherapy, the qualified physiotherapist conducts a condition assessment based on the medical diagnosis and, on this basis, provides a targeted, individually tailored treatment.

Physiotherapy Assessment (20') 9 900 HUF

Individual Physiotherapy (20') 14 900 HUF

Kinesio Taping

Kinesio Taping is a chemical-free, fast and effective therapeutic procedure developed in Japan that activates the body's self-healing processes. Kinesio Tape is made of flexible cotton material, various colors and can be glued to the skin. By placing the skin layer on the painful area a little, it promotes blood circulation, increases lymphatic circulation, reduces the pressure in the swollen muscles, and corrects pathological changes in the joints. Prior to using Kinesio Tape, a medical examination and specialist approval is required.

Before using the Kinesio Taping it is compulsory to undergo a medical examination!

Physiotherapy + application of Kinesio Tape (25') 17 900 HUF

Application of Kinesio Tape + consultation (15') 12 900 HUF

Therapy treatments

The following treatments can only be booked after a medical examination.

Alternating Bath 8 900 HUF

BEMER Magnetic Therapy 7 900 HUF

Carbon Dioxide Bath 10 900 HUF

Cryotherapy 7 900 HUF

Diadynamic Therapy 7 900 HUF

Electric Bath 8 900 HUF

Electrical Stimulation 7 900 HUF

Four-Cell Galvanic Bath 8 900 HUF

Healing Massage (25') 11 900 HUF

Healing Massage (50') 19 900 HUF

Hévíz Medicinal Mud Bath 10 900 HUF

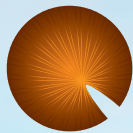
Herbal Bath 8 900 HUF

Inhalation (with Herbs, Medication or Salt) 7 900 HUF

Infrared Light Therapy 7 900 HUF

Interference Therapy 7 900 HUF

Our prices include VAT. The rights of price changes are reserved. Stand: 01. 03. 2026



HOTEL EURÓPA FIT

★★★★ superior Hévíz



VITALIUM
HEALTH AND BEAUTY



Medical pricelist

Iontophoresis	7 900 HUF
Magnesium Bath	10 900 HUF
Oxygen Therapy	7 900 HUF
Peat Mud Pack (Partial, 2-3 Joints)	10 900 HUF
Peat Mud Pack* (Larger Area)	13 500 HUF
Shockwave Therapy	8 900 HUF
Special Pack (Partial, 2-3 Joints)	11 900 HUF
Special Pack* (Larger Area)	14 900 HUF
Sonophoresis	9 900 HUF
Tens	7 900 HUF
Ultrasound Therapy	8 900 HUF
Underwater Jet Massage	11 900 HUF
Weight Bath (Hévíz Speciality)	10 900 HUF

*can be booked as part of a treatment package for +2 000HUF/treatment!

Repuls

Repuls® is a pulsating, high-intensity cold red light device that penetrates deep into tissue without the effects of heat. It stimulates the body's own ability to regenerate and accelerates the healing processes throughout the body in case of various diseases.

Repuls treatment 10 900 HUF

'Batbench'

The Hungarian-developed medical device makes it possible to cure and treat many degenerative spinal changes. It is one of the most effective solutions for the elimination of spinal complaints, low back pain, stretching of the spine and muscles, and in the case of scoliosis. We use the force of gravity to stretch.

Prior to using the Bat Bench, medical examination and specialist approval is required!

Batbench treatment (15-20') 8 900 HUF

Medical and Therapeutic Treatment Packages

1 Medical Examination + 6 Treatments 78 500 HUF

1 Medical Examination + 10 Treatments 118 500 HUF

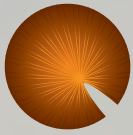
1 Medical Examination + 20 Treatments 225 500 HUF

1 Medical Examination + 5 Weight Bath 67 500 HUF

**1 Medical Examination
+ 5 Peat Mud Pack** (Partial, 2-3 Joints) 67 500 HUF

**1 Medical Examination + 5 Weight Bath
+ 5 Peat Mud Pack** (Partial, 2-3 Joints) 118 500 HUF

Our prices include VAT. The rights of price changes are reserved. Stand: 01. 03. 2026



HOTEL EUROPA FIT
★★★★ superior Hévíz



VITALIUM
HEALTH AND BEAUTY

Beauty pricelist

The secret of perfect hydrated facial skin

Classic facial, neck, and décolleté massage (25') 11 900 HUF

Active moisturising facial treatment (40') 16 900 HUF

Clarté & Confort – A specialized program for ultra-sensitive skin (50') 19 900 HUF

Relaxing treatment for facial veins, with its wholesome results makes rosacea and erythematic skin pale.

Sothys Gourmand facial treatment – limited edition with seasonally selected active ingredients (50') 19 900 HUF

Classic facial stretch treatment (60') 24 200 HUF

SPA THERMAL facial treatment (60') 24 200 HUF

Nourishing and moisturising facial skin care enriched with thermal water. Artificial fragrance-, colouring- and paraben-free. It helps the sensitive skin to become more resistant against external influences.

Hydra HA4 – Intensive hydrating facial treatment (70') 34 500 HUF

Intensive moisturizing facial treatment with 4 different sizes and structures of hyaluronic acid. These act in various layers of the skin, ensuring optimal hydration from the deepest layers to the surface, providing complete moisture to the skin cells.

Clean and fresh face skin

Deep cleaning (60') 24 200 HUF

Deep cleaning treatment for problematic skin (90') 31 900 HUF

Deep cleaning extra with other treatments 10 400 HUF

Long lasting beauty: anti-aging treatments

NEW! Cryo Eye firming eye treatment (40') 16 000 HUF
An exclusive Sothys eye care treatment that simultaneously reduces dark circles, alleviates puffiness, and diminishes wrinkles.

NEW! Pigmentation Management (60') 31 400 HUF
Achieve safe and visible results in lightening pigmentation spots with a holistic anti-aging effect. The skin appears brighter and more radiant daily, while the size and number of pigmentation spots are visibly reduced.

NEW! DX Glow Defence intensive treatment (70') 34 500 HUF
Harnessing the power of nature to combat the negative effects of environmental and lifestyle stressors such as pollution, blue light, UV rays, stress, sleep deprivation, and smoking.

YOUTH IT – Intensive rejuvenating treatment (80') 34 500 HUF

An intensive rejuvenating treatment using cutting-edge plant-based active ingredients. A timeless yet unique cosmetic treatment that fills fine lines and visibly firms sagging skin.

Secrets de Sothys (80') 51 100 HUF

The secret of Sothys lies in the fusion of science, sensory delight, and premium ingredients. This facial treatment offers extra wrinkle-filling and lifting effects, with a signature rose scent and key ingredients derived from rose stem cells, including valuable polyphenols, proteins, and glucose derivatives.

NEW! Thesera L lifting treatment with bio-threading (70') 52 900 HUF

A non-invasive facial treatment utilizing dissolvable, collagen-inducing bio-threads. This lifting treatment includes exfoliation and stimulates collagen production within the skin, smoothing wrinkles, enhancing skin density, restoring elasticity, and tightening pores.

We also think of gentlemen...

Sothys Homme pampering facial treatment for gentlemen (60') 25 700 HUF

Revitalizing face treatment with fresh woody notes, especially built up for gentlemen's skin.

Sothys Homme facial treatment with deep cleaning for gentlemen (80') 31 900 HUF

Complete skin renewing treatment with deep cleaning, moisturising skin care.

Our prices include VAT. The rights of price changes are reserved. Stand: 01. 03. 2026



HOTEL EURÓPA FIT

★★★★ superior Hévíz



VITALIUM
HEALTH AND BEAUTY



Beauty pricelist

Innovation for Beauty

Radiofrequency

Radiofrequency technology heats the skin tissues, restructuring collagen fibers responsible for skin elasticity and stimulating collagen production. The result is visible skin tightening, reduced wrinkle depth, and a youthful radiance.

Mesotherapy

Mesotherapy uses specialized radiofrequency to open channels in the cell membranes, allowing 90% of active ingredients to penetrate the cells for maximum effect.

**Mesotherapy facial treatment
+ firming face mask** (50') 31 500 HUF

**Mesotherapy facial, neck, and décolleté
treatment + firming face mask** (60') 36 900 HUF

**Radiofrequency facial treatment
+ facial, neck, and décolleté massage** (60') 31 500 HUF

**Mesotherapy facial treatment
+ Radiofrequency facial treatment
+ firming face mask** (70') 42 700 HUF

**Mesotherapy facial-neck treatment
+ Radiofrequency facial-neck treatment
+ firming face mask** (80') 47 900 HUF

Brilliant look

Eyebrow modelling 1 900 HUF

Eyebrow colouring 3 100 HUF

Eyelashes colouring 3 100 HUF

For silky skin

Waxing

Face 1 900 HUF

Classic bikini zone 3 100 HUF

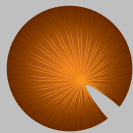
Armpit 3 100 HUF

Leg (to the knee) 4 400 HUF

Arm 4 400 HUF

Full leg 7 600 HUF

Our prices include VAT. The rights of price changes are reserved. Stand: 01. 03. 2026



HOTEL EURÓPA FIT

★★★★ superior Hévíz



VITALIUM
HEALTH AND BEAUTY

Beauty pricelist

Hand and foot care

Manicure (Without nail polish)	8 800 HUF
Pedicure (Without nail polish)	11 900 HUF
CND Shellac nail polish (hand)	6 500 HUF
CND Shellac nail polish (foot) 14 day flawless wear, resilient mirror shine with zero dry-time.	6 100 HUF
Shellac washing down	1 500 HUF
Nail polish (Without manicure or pedicure)	2 000 HUF
Nail polish washing down	500 HUF
Gel-lacquer removal (mechanical)	hand 2 500 HUF foot 1 500 HUF

We kindly ask you to settle the fees for hand and foot care services directly with the therapist. Payment can be made in cash on site.

Hair care

Ladies	Short (over ear)	Medium (shoulder)	Long (below shoulder)
Shampoo, drying or wave-set	8 000 HUF	9 000 HUF	from 10 000 HUF
Shampoo, haircut, drying	11 000 HUF	12 000 HUF	from 13 000 HUF

Perm, haircut, drying

21 000 HUF 25 000 HUF from 30 000 HUF

Dyeing

300 HUF / g + hairstyling

Highlights

200 HUF / g + hairstyling

Intensive hair cure with hair pack

2 200 HUF

It cannot be ordered as an independent treatment.

Intensive hair cure

with regenerating pack and with head massage 2 800 HUF

It cannot be ordered as an independent treatment.

Steam Pod – Hair filling with ceratin (30') 3 000 HUF (+ Drying)

Hair filling with hyaluronic acid (30') 4 000 HUF (+ Drying)

Hair Trimmer – Hair ends

refreshing cut (30') 2 000 HUF (+ Drying)

Gentlemen

Haircut with hair washing 8 000 HUF

Haircut without hair washing 5 500 HUF

For extra-long or particularly thick hair, a 10% surcharge applies. We kindly ask you to settle the hairdressing fee directly with the stylist. Payment can be made in cash on site.

Our prices include VAT. The rights of price changes are reserved. Stand: 01. 03. 2026